

# 3 EXCURSIONS

**SELF GUIDED** (with APP, from € 50 per pax)

**OR GUIDED** (from € 200 per pax)

1

## Trekking

**- Monte Pellegrino: "the most beautiful promontory in the world"**

**HALF-DAY EXCURSION**

**DISTANCE: 4 km + 400**

**DIFFICULTY LEVEL: easy**



THE HOLY MOUNTAIN IN PALERMO AREA, GOETHE CALLED "THE MOST BEAUTIFUL PROMONTORY IN THE WORD". WE ARE WALKING IN THE PATH NAMED "SCALA VECCHIA" (LETERALLY : OLD STAIKASE), FROM THE BOTTOM IT LEADS YOU TO THE SANTA ROSALIA SACTUARY. THE NIGHT BETWEEN THE 3RD AND 4TH OF SEMPTEMBER THE LOCALS WALK ON IT TO REACH THE SHRINE TO PRAY THE PATRON SAINT. THE PEOPLE KNOW THIS SPIRITUAL PATH AS "ACCHIANATA" (THE CLIMB IN SICILIAN SLANG). A WALK ESPERIENCE THROUGH NATURAL BEAUTIES AND A TYPICAL RELIGIOUS PATHOS.



# 2

## Trekking - Valle Del Porco and Rufuliata

HALF-DAY EXCURSION  
DISTANCE: 9 KM +480 -480  
DIFFICULTY LEVEL: medium



THE WALKING STARTS FROM “EX SCUDERIE REALI BORBONICHE” (ROYAL BOURBONIC STABLES), INSIDE THE “FAVORITA” URBAN PARK: WE START WITH A STEEP CLIMB, 1.5 KM, THROUGH THE “VALLE DEL PORCO”, WITH ROCKY VEGETATION AND MEDITERRANEAN FLORA. UNDER THE PEAK IS POSSIBLE TO VISIT THE SHRINE IN THE GROTTO OF “SANTA ROSALIA”. THE DESCENT RUNS INTO A PINE TREE FOREST, THE “RUFULIATA” PATH, EASY WALKING, DOWN TO THE BEGINNING POINT.



3

## Cycling - San Martino Delle Scale - Monreale



half-day excursion | **DISTANZA: 33 km +870 -870** | **DIFFICULTY LEVEL: medium**

THE RIDE LEADS US TO THE MOUNTAINS OF THE GOLDEN BACIN . AFTER THE BIKE FITTING YOU START TO PEDAL TO SOUTH DIRECTION. LEAVING THE CITY BEHIND US, WE REACH THE GAMISIA VALLEY, NOWADAYS “SAN MARTINO DELLE SCALE”, DUE THE BENEDICTINE ABBEY, THE LEGGEND TELLS IT FOUNDED IN THE 806 A.C. THANKS TO THE POPE “GREGORIO MAGNO”, DESTROYED BY THE SARACENS IN THE 9TH CENTURY.

